

# SCREENING AWARENESS FAST EARLY

**Almost one third of all deaths related to cancer could be prevented through routine screening, early detection and treatment.**

Spotting signs/early symptoms of cancer can be difficult as cancer can affect people in different ways.

Some of the most common signs of cancer include:

- Heavy night sweats or fever
- Feeling more tired than usual
- Unexplained bleeding or bruising
- Unexplained pain or ache
- Unexplained weight loss
- An unusual lump or swelling anywhere on the body
- A new mole or changes to a mole
- Skin changes, nail changes or a sore that won't heal

**It's important to recognise what is normal for you and speak to your doctor if you notice any unusual changes or something that won't go away.**



## YouMatter

**Remember to be  
Cancer SAFE:**



### SCREENING

Screening tests are available for a number of different cancers. If you are invited for screening, go, even if you don't think you have any symptoms.



### AWARENESS

Be aware of changes to your body or unusual symptoms. Check your body regularly for changes.



### FAST

If you are experiencing symptoms, act fast. Book an appointment with your GP as soon as possible. Talk to your GP about all your symptoms, no matter how small you may think they are.



### EARLY

Early detection of cancer greatly improves survival. If you are worried about your health it's better to be cancer SAFE and have your symptoms checked as soon as possible.